#### **Kerry Houston**

Registered Behavior Technician Heartsaver & CPR Certified Email: <u>inkerryscare@gmail.com</u>



Kerry is passionate about helping clients develop (their level of) independence by expanding their knowledge and skill set through ABA therapy. With a naturalistic teaching approach, Kerry believes therapy can be fun and engaging so that clients look forward to each session! As a mother of two children on the Autism spectrum, she is uniquely attuned to the experiences of special needs families and works to align therapy goals to the needs of the family and individual. Kerry is a Registered Behavior Technician and is continuing her education at the University of Louisville. When not at work or school, Kerry enjoys going to the theater with her husband and touring the zoo with her children.

### **Chelsea Durbin**

Marriage and Family Therapy Associate Community Support Case Manager +1 (502) 216-1620



**Emily Burns** Art Therapist Associate

### **Rachael Miller RBT**

Rachael does ABA therapy which includes developing skills of independence, following directions, and so much more!



Carla Mackey Case Management +1 (270) 499-4882



**Tonia Younger, LPAT** Licensed Practicing Art Therapist +1 (502) 938-6449

# Geoffrey Kauffman RBT



## **Chris Arbaugh RBT**



Michelle Benver, LPCA Clinical Mental Health Counselor Michelle.benverlpca@gmail.com 502-709-8797



We can all use someone to talk to when things become overwhelming. Whether the need is to process a traumatic experience, help navigate your anxiety and depression, or empathetically listen and help, I am here in a non-judgmental, safe, and comforting environment. My goal as a therapist is to help clients reach their greatest potential by creating a safe space and a client-centered approach to counseling. I am a Licensed Professional Counselor Associate (LPCA) who enjoys working with diverse individuals across all ages and populations. I received my Master of Arts in Clinical Mental Health Counseling from the University of the Cumberlands. As a mental health professional, I am trained in treating anxiety, depression, grief, and PTSD.

I use cognitive behavioral therapy, solution-focused therapy, reality therapy, trauma resolution, and other empirically researched models to treat the needs of each client. I am available in person or online. Contact me at <u>michelle.benverlpca@gmail.com</u>. I would be honored to assist you on your journey to healing and self-awareness.

### **Insurance Accepted**

- BlueCross and BlueShield
- Medicaid
- Anthem Medicaid
- Humana Medicaid
- United Health Medicaid
- Passport Health Plan
- WellCare
- Self-Pay Scale